

All About You...

Swedish Massage	<i>Provides both physiological and psychological benefits. The pressure movements used, speed up body functions and the lighter movements help soothe and relax the mind and body. It can also aid the removal of waste products from the body's superficial tissues, improve skin texture, circulation and boost the immune system.</i>	Full body	£30
		1 hour	
<hr/>		Back, neck and shoulders	£20
		30 minutes	

Aromatherapy Massage	<i>The use of fragrant, natural, botanical essential oils from plants, leaves, bark, roots, seeds, resins and flowers as a healing art. Aromatherapy refreshes and relaxes the skin while soothing the mind by helping to induce a sense of well-being. Each individual essence is used to produce a specific beneficial effect.</i>	Full Body	£35
		1 hour 15 minutes	
<hr/>		Back, neck and shoulders	£22
		30 minutes	

Indian Head Massage	<i>Massage of the scalp, face, neck and shoulders. Soothes and comforts to produce a feeling of peace and tranquility. Fully clothed in the seated position without oil.</i>	40 minutes	£20
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Telephone ☎

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All About You...

Swedish Massage • Aromatherapy Massage • Indian Head Massage



Tired?
Stressed?
Run down?

Or do you just deserve a treat?

A haven of peace, relaxation, indulgence
and pampering awaits...

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- Fully qualified therapist: IHHHT
- Discounts available for block bookings
- 10 Minutes from town centre (Eldon Conservation Area)
- Male clients by recommendation only